5th Munich Medical Student Science Conference 2021

"Science, not Silence"

Keynote Talk "Exercise in Schizophrenia: Understanding and Cure" Prof. Dr. Peter Falkai, M.D., Ph.D.



MMS SCIENCECON

May 29, 2021 9 am – 4 pm Zoom Conference

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Contents

Welcome message by the Dean of Research	page 3
Welcome message by the Associate Dean	page 4
Welcome message by the student coordinator	page 5
Timetable	page 6 -7
Keynote talk	page 8
Abstracts (in alphabetical order of presenting author)	page 9 - 22
Acknowledgments	page 23
Editorial	page 24

Welcome message by the Dean of Research

Dear students,

in the past year we have learned to take a closer look at the exchange between scientists, media and the general public and new habits have emerged. I am pleased to see the successful virtual continuation of the Munich Medical Student Science Conference MMS ScienceCon, which combines students' research projects from different fields, united by this year's conference theme "Science, not silence". These projects show the broad range of medical research and illustrate curiosity-driven research activities both during medical training and medical practice.

Research at the University Hospital and the Medical Faculty of LMU Munich aims to develop new, better therapies for people suffering from diseases and therefore:

- to better understand the development of diseases,
- to find new diagnostic methods,
- to discover new drugs and non-drug therapies,
- to develop new strategies for the prevention of diseases.

The Dean's Office supports these principles by funding students' research projects as well as Clinician Scientist programs, which make it possible to follow your curiosity and link healthcare with first-rate science. In this context, please take a look at the overview of funding and current calls on the homepage of the Faculty of Medicine: https://forschungsportal.med.unimuenchen.de/

I thank Dr Canady as well as the whole team organizing the Munich Medical Student Science Conference 2021, and I wish you many interesting contributions and discussions.



Prof. Dr. Stefan Endres Dean of Research

Welcome message by the Associate Dean

Dear students, dear participants at this year's conference,

What is science? How to distinguish it from non-scientific behaviours? Sars-CoV-2 pandemic brought those questions to more minds than ever. So, what is it, what is essential?

Let us see, what others have thought about it.

The astronomer and astrophysicist Carl Sagan writes in his book 'The Demon-haunted world' (1):

"Again, the reason science works so well is partly that built-in error-correcting machinery. There are no forbidden questions in science, no matters too sensitive or delicate to be probed, no sacred truths. That openness to new ideas, combined with most rigorous, sceptical scrutiny of all ideas, sifts the wheat from the chaff. It makes no difference how smart, august, or beloved you are. You must prove your case in the face of determined, expert criticism. Diversity and debate are valued. Opinions are encouraged to contend – substantively and in depth.

The process of science may sound messy and disorderly. In a way, it is. If you examine science in its everyday aspect, of course you find that scientists run the gamut of human emotion, personality, and character. But there's one facet that is really striking to the outsider, and that is the gauntlet of criticism considered acceptable or even desirable. "

That's the spirit. Where it does not prevail, there is no science.

He continues with advice for scientists of your age, referring to doctoral thesis oral examinations:

"But they (the students) understand at this critical moment, they have to be able to answer searching questions posed by experts. So, in preparing to defend their theses, they must practice a very useful habit of thought. They must anticipate questions; they have to ask: Where in my dissertation is there a weakness that someone else might find? I'd better identify it before they do."

All this is not advice for a self-destructive attitude and life. It is the way science develops and prospers. You feel comfortable with such ideas, even embrace them for your own work, dissertation or other? Then you are on the best way of becoming a scientist.

Good luck. And let's hope the virus will be defeated before next year's conference.

Martinsried, May 26, 2021

Michael Meyer Associate Dean Preclinical Teaching Professor of Molecular Neurophysiology

(1) Carl Sagan, The Demon-Haunted World – Science as a candle in the dark, Ballantine Books/Random House, New York 1997, p.31

Intro by Anne V. Eberhard

Student Coordinator



This was an unprecedented year of unprecedented paradoxes — disappointment and gratitude, solitude and connection, accomplishments, and stagnation. Questions as "Was my research good enough? Will I reach my future goals? What do I even want?" may have crossed your mind. Given that for some of you the undergraduate research opportunity (Forschungsmodul) has come to an end by now, have faith that you are ready to say yes to all the adventures outside of your comfort zone that are waiting ahead. Be excited to keep moving forward even if there are uncertainties. Most of all, be hopeful.

You have shown remarkable flexibility in adapting to new modes of learning and research since the beginning of the program. You have also found new ways to connect with and support one another.

Each of you has worked to reimagine our community, and your own role within it, for this difficult moment in history. Many of you have done so while juggling lectures, additional family and work responsibilities, or navigating the other unique hardships that this pandemic has brought. Be assured that your many accomplishments inspire optimism for a brighter future.

I want to extend my heartfelt thanks to each of you for your tremendous work during the last year. I am grateful for your dedication in accomplishing your research and advancing our mission of education and research under extraordinary circumstances.

Personally, I am deeply grateful that I have had this community to walk with through these challenging times.

While our Online Munich Medical Science Conference is not the in-person event we hoped for, it still allows us to honor your accomplishments with our warmest wishes as you go out to make your mark in a changed world – with the promise of coming together again in the future.

Anne was part of the research program at the Department for Neurophysiology in 2018. Then she pursued novel therapeutic approaches in cardiovascular research for the experimental part of her doctoral thesis in collaboration with Stanford University at TU Munich, which was funded by the German Heart Foundation. Since then, she has published in several high impact journals as co-author, has written a blog-type article for the Nature.Research Community and assisted peer reviews for the European Heart Journal among others.

Contact for further information:



Anne V. Eberhard



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Conference Timetable

Time	Description
09.00 – 09.30 am	Opening Ceremony
	Welcome by
	Ayse Gertrude Yenicelik
09.30 – 10.30 am	Talk Session 1
	Searching for new Interactors of the Calbindin-28k Jara Berneke
	Cognitive Function and Hippocampal Volume in Youth Soccer Players <i>Alexandra Castro Silva</i>
	Prevalence and risk factors of atrial fibrillation- Collective of the SERVE-HF Major Sub-study <i>Victoria Vaas</i>
	Characterization of MIN6 Cells Florian Fahrenschon & Kevin Bahner
10.30 – 10.45 am	Coffee break
10.45 – 11.30 am	Talk Session 2
	The role of Secretagogin, a calcium-binding protein, regarding insulin production and secretion <i>Celine Röder & Maryam Hashemnia</i>
	Characterization of the novel TSPO ligand GRT16085N-6 in human glioblastoma cells <i>Celine Rohrmus</i>
	Tissue specific RNAi knockdown to find a muscle specific function <i>Marie Dawczynski</i>
11.30 – 11.45 am	Coffee break
11.45 – 12.45 pm	Talk Session 3
	The Nucleus oculomotorius in a Mouse Model of Niemann-Pick Disease <i>Lara Bucka</i>
	Testing the RIST molecular targeted regimen in an in-vitro 3D cell culture model of neuroblastoma <i>Carina Kaess</i>

	Phenotypes of m6A related RNA-binding proteins <i>Mayra Lenz</i>
	Indicators for the evaluation of German municipal prevention and health promotion projects for children and adolescents <i>Myriam Robert (short talk)</i>
12.45 – 14.00 pm	Lunch
14.00 – 14.45 pm	Talk Session 4
	Establishment of a Novel Postoperative Delirium (POD) Mouse Model <i>Ran Wang</i>
	RIPK3: A novel tumor suppressor in Lung adenocarcinoma Fabian Allmendinger
	Psychological stress among students in health-related fields during the COVID-19 pandemic: results of a cross-sectional study at selected Munich universities <i>Kristina Schröpfer</i>
14.45 – 15.00 pm	Coffee break
15.00 – 16.00 pm	Keynote talk
	Excercise in Schizophrenia: Understanding and Cures
	Prof. Peter Falkai, M.D., Ph.D.
16:00 – 16.15 pm	Awards and Closing Ceremony
	Farewell by Prof. Dr. Michael Meyer

Keynote talk

"Excercise in Schizophrenia: Understanding and Cure"

Schizophrenia is a severe brain disorder characterised by positive, negative, affective and cognitive symptoms and can be regarded as a disorder of impaired neural plasticity. This lecture focusses on the beneficial role of exercise in schizophrenia and its underlying mechanisms.

Apart from the established pharmacological treatments in schizophrenia, aerobic exercise has a profound impact on the plasticity of the brain of both rodents and humans such as inducing the proliferation and differentiation of neural progenitor cells of the hippocampus in mice and rats. Aerobic exercise enhances LTP and leads to a better performance in hippocampus related memory tasks, eventually by increasing metabolic and synaptic plasticity related proteins in the hippocampus. In healthy humans, regular aerobic exercise increases hippocampal volume and seems to diminish processes of ageing like brain atrophy and cognitive decline.

Several meta-analyses demonstrate the beneficial effect of exercise on function, positive as well as negative symptoms and brain structure in multi-episode schizophrenia.

Prof. Peter Falkai, M.D., Ph.D.

Professor and Chairman at the Department of Psychiatry and Psychotherapy Ludwig-Maximilians-University Munich, Germany

Professor Peter Falkai has been working in the field of psychiatry for 30 years. His main research interest is focused on the neurobiology of psychotic disorders, namely schizophrenia. He has been member of various international and German scientific societies, such as the Schizophrenia International Research Society (SIRS) and is currently president of the European Psychiatric Association (EPA).

Prof. Falkai has been leading multidisciplinary teams of researchers, whose clinical and research expertise focus continuously on the neurobiological origins and pathomorphological aspects as well as on causal treatment options of psychotic disorders.

Abstracts in alphabetical order of presenting authors

RIPK3: A novel tumor suppressor in Lung adenocarcinoma.

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Introduction: Receptor-Interacting Serin/Threonin-Protein Kinase 3 (RIPK3) is a key player in a highly inflammatory programmed cell death pathway, namely necroptosis. Necroptosis induction elicits the release of intracellular contents and cytokines, which attract and activate anti-tumoral immune cells. In lung adenocarcinomas (LUAD) RIPK3 is a tumor suppressive aberrational target, which has been shown to induce immune suppression in the tumor microenvironment.

Methods: To elucidate RIPK3 involvement in LUAD, we took advantage of an *in vivo* LUAD mouse model and The Cancer Genome Atlas program (TCGA).

We used genetically modified mice, carrying $Kras^{G12D}$ oncogene (under a floxed stop codon) and floxed *p53* tumor suppressor. Tumor induction was obtained through Cre recombination, which induced $Kras^{G12D}$ activation as well as *p53* deletion.

Results: Analysis at 16 weeks post-induction revealed that advanced-stage lung tumors (Adenoma, Adenocarcinoma – Ad/AC) have lower RIPK3 expression than early-stage tumors (bronchial hyperplasia). Furthermore, high RIPK3 expressing tumor lesions showed an enrichment of anti-tumoral inducible nitric oxide synthase (iNOS)-positive M2-macrophages and a reduction in Arginase-1 positive anti-inflammatory M1 macrophages. This difference in macrophage polarization suggests that RIPK3 may initiate an anti-tumoral immune microenvironment. To evaluate this hypothesis in human settings, we analyzed the TCGA datasets and found that tumors with higher RIPK3 expression showed higher total infiltrating leukocytes, specifically T-cells, B-cells, macrophages, and dendritic cells.

Conclusion: Taken together our data clearly point to RIPK3 as a tumor suppressor in LUAD. This effect may be driven by the inhibition of necroptotic cell death, which in turn alters immune cell recruitment. Leveraging the crosstalk between inflammatory cell death and immune micro-environment may be a possible immunogenic therapeutic target.

Searching for new Interactors of the Calbindin-28k

Jara Berneke, Prof. Michael Meyer

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Calbindin-D28k is an EF-hand Ca²⁺-binding protein and is most known for its calcium buffering function¹. It is thought to play a key role in motor coordination, many neurological disorders², such as Alzheimer and epilepsy and even in stress induced memory loss³. Little is known of its regulatory mechanisms and interactors. Although there are, as mentioned before, many clinical connections to Calbindin, this project focuses on the proteins' basic molecular characteristics in a cell system.

More specifically we want to investigate how Calbindin-D28k interacts with other proteins in cells; confirming known interactors and even detecting new ones.

As to known interactors; there are among others⁴ RanBPM, IMPase, and Caspase 3. Especially Calbindin-D28k's interaction with the protein Caspase 3 attracted our interest. The protein Caspase 3 is involved in the complicate cascade, regulating apoptosis⁵. Calbindin-D28k is thought to deactivate Caspase 3 upon binding.

For all experiments we used the HN10e cell line⁶ which we transfected with plasmids expressing Calbindin-D28k-ALFA. Calbindin-D28k-ALFA is a fusion protein of Calbindin-D28k with a peptide called ALFA. The ALFA peptide is a tag for which we have very potent antibodies, called nanobodies⁷. By linking those nanobodies to agarose beads, we have a good system for co-immunoprecipitation.

We additionally transfected our cells with a plasmid for Caspase 3. After co-immunoprecipitation and then separating the proteins by SDS-gel electrophoresis, we did a Western Blot. The results of that blot indicated that Calbindin indeed interacted with Caspase 3. In the future I would like to investigate this interaction further.

With the objective of finding new interactors of Calbindin, we conducted a co-immunoprecipitation with cell lysate from the HN10e cells which were transfected only with the plasmid for Calbindin-D28k-ALFA. After this process we separated the proteins by SDS-gel electrophoresis and stained them. The coloration of the gel gave way to the assumption, that we encountered a new interactor of Calbindin-D28k. For further analysis we sent our samples to mass spectrometry which provides accurate mass determination and characterization of unknown proteins. Hoping to identify a new interactor in our samples, we are still waiting for the results. I would like to further investigate the functions of this new interactor und trace those back to the functions of Calbindin-D28k.

¹ B.Schwaller, *The continuing disappearance of "pure" Ca*²⁺ *buffer*

² Jason C You in Nature Medizine, Epigenic suppression of hippocampal calbindin-D28k by ΔFosB drives seizure-related cognitive deficits

³ Ji-Tao Li, Suppressed Calbindin Levels in Hippocampal Excitatory Neurons Mediate Stress-Induced Memory Loss

⁴ B.Schwaller, *The continuing disappearance of "pure" Ca*²⁺ *buffer*

⁵ Benjamin G. Bobay, Structural insights into the calcium-dependent interaction between calbindin-28k and caspase-3

⁶ Henry J. Lee, Neuronal Properties and Trophic Activities of Immortalized Hippocampal Cells from Embryonic and Young Adult Mice

⁷ Götzke 2019, The ALFA-tag is a highly versatile tool for nanobody-based bioscience applications

The Nucleus oculomotorius in a Mouse Model of Niemann-Pick Disease

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Niemann-Pick type C disease (NPC) is a rare lysosomal storage disorder (LSD), which typically manifests as a neurodegenerative process. In most cases the autosomal recessive disease is caused by a mutation in the *NPC1* gene which encodes an integral transmembrane protein of the lysosomal membrane (Platt *et al.* 2016). Clinical symptoms include cerebellar ataxia, dysphagia, dementia, destructive neuroinflammation and premature death. A cardinal sign in NPC patients is a supranuclear gaze palsy for vertical (mainly down) and later horizontal saccades (Blundell *et al.* 2017). How these symptoms result from altered lipid metabolism in NPC is still not clear.

Purpose

In an attempt to detect possible neuroanatomical changes in neurons of the oculomotor system a comparative immunohistochemical study was performed in the oculomotor nucleus (nIII) of a NPC1(-/-) mouse and wildtype NPC1(+/+) control.

Methods

Selected paraffin sections of both mouse brainstems were stained with different antisera to detect perineural nets (aggrecan, chondroitin sulfate proteoglycans, hyaluronan binding and link protein), non-phosphorylated neurofilaments (SMI32), and cholinergic motoneurons (choline acetyltransferase) to distinguish between different neuron types in nIII.

Results

The experiments revealed a generally stronger immunostaining of the nIII neurons with all markers in the *NPC1*(-/-) mouse compared to the wildtype. Additionally, the *NPC1*(-/-) mouse exhibited ballooned neurons characteristic for LSD, and SMI32-positive spheroids within cranial nerves most probably representing swollen axons (Bu et al., 2002). The number of perineuronal net-bearing motoneurons targeting twitch muscle fibers via a single endplate (SIF) did not differ between the *NPC1*(-/-) and wildtype mouse. However, the number of perineuronal net-lacking motoneurons, which correspond to motoneurons targeting non-twitch muscle fibers via multiple nerve endings (MIF), was elevated in the *NPC1*(-/-) mouse compared to control (Büttner-Ennever et al., 2001).

Conclusion

Further behavioral studies are required to determine the impact of these findings on the oculomotor functionality.

References

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3. Büttner-Ennever, J.A., Horn A.K.E., Scherberger H., D'Ascanio P. (2001) Motoneurons of twitch and nontwitch extraocular muscle fibers in the abducens, trochlear, and oculomotor nuclei of monkeys. *The Journal of Comparative Neurology*. **438**, 318-335.

4. Platt N., Speak A.O., Colaco A., Gray J., Smith D.A., Williams I.M., Wallom K.L., Platt F.M. (2016) Immune dysfunction in Niemann-Pick disease type C. *Journal of Neurochemistry*. **136**, 74-80.

Cognitive Function and Hippocampal Volume in Youth Soccer Players

Castro-Silva AA, Bonke EM, Koerte IK.

Ms. Castro's research project is in the process of publication and can therefore not be displayed here.

Tissue specific RNAi knockdown to find a muscle specific function

Dawczynski Marie

Aim/Background:

N6-methyladenosine (m6A) is a methyl modification found on adenine in some portion of mRNA molecules. Mettl3, Mettl14 and other components of the writer protein complex deposit the methyl mark on target mRNAs. m6A modification has been suggested to regulate diverse steps in RNA processing notably alternative splicing. The physiological function of m6A modification in muscle is poorly understood and we do not know what happens when m6A levels specifically in muscle are reduced. To test this, we wanted to knockdown the expression of Mettl3 and Mettl14 specifically in muscle. My aim was to verify which RNAi hairpins work best for tissue-specific or temporal specific RNAi knock-down.

Methods:

We are using *Drosophila melanogaster* as our model organism. We crossed different Gal4 lines with different Mettl3/Mettl14 hairpin flies, allowing us to drive RNAi knockdown specifically in muscle or neural tissues. After sorting flies of the correct genotype, I performed behavioral assays including a climbing test, a flight test and a wing assay test to determine which RNAi hairpins give the strongest phenotye.

Results

For RNAi hairpins targeting Mettl3, the strongest hairpin was called NIG. Two other hairpins gave weak phenotypes, although line BL80431 might be a little stronger than BL80448. Tubulin-Gal4 and Act5c-Gal4 experiments confirm that RNAi results in only partial knockdown. We were able to obtain enough flies for behavioural experiments, where this is more challenging with the mutant. UAS-Dcr2 consistently enhances the Elav-Gal4 RNAi phenotype with both Mettl3 and Mettl14 hairpins. We tried to compared the RNAi phenotypes of these lines with Act79B-Gal4 (which is specific to the tubular jump muscle) and Act88F-Gal4 (which is specific to fibrillar indirect flight muscle), but had inconclusive results as we observed very little phenotype with Act79B-Gal4 and already observed a phenotype with the Act88F-Gal4 alone.

Conclusion

In agreement with results from other students in the lab, the viability and flight phenotypes show that the best hairpins for Mettl3 (Ime4) are the NIG and BL80431 lines. The best hairpins for Mettl14 are 105434 and BL48560. My flight-test results show that Mettl3 is necessary in muscle as well as in neurons for proper function. Climbing and held-out-wing phenotypes are much more mild and subtle than flight phenotypes, suggesting that fibrillar flight muscle is particularly sensitive to loss of m6A modification. Future studies are necessary to identify sarcomere and neuromuscular junction defects and to identify RNAs that are m6A modified specifically in muscle.

Characterization of MIN6 Cells

Fahrenschon Florian, Kevin Bahner, Prof. Michael Meyer

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The MIN6 cell-line is among the most commonly used beta-cell-lines in diabetic research. In comparison to primary beta cells they are more convenient as they do not need to be extracted regularly from animals, because they have a much longer lifespan and can be cultured more easily. At the same time they appear to have similar biological characteristics as their primary cell counterpart and thus make them a favorable proxy. However, the process of cell immortalization e.g. by radiation and thus inducing an alteration of genes or the extraction from their in-vivo environment and thus the loss of cell-cell interactions can impose different behavior in some regards that are not fully explored yet.[1] Specifically, the role of Calbindin in the MIN6 cell line has not been studied sufficiently.

Calbindin-D28k has a calcium buffering function in beta-cells and thus modulates the secretion of insulin. In 1999 Sooy et al. were the first to postulate this by generating a calbindin knockout.[2] As they didn't use MIN6 cells, but primary beta-cells in their experiments, we asked ourselves if we can see the same effects in the MIN6 cell line.

That is why we further characterized the MIN6 cells after a knock-out (KO) of the calbindin gene locus. At first we wanted to determine, if calbindin or a protein that interacts with it is altered in its functionality specifically regarding the glucose stimulated insulin secretion. A dysfunctional insulin secretion is one of the symptoms of diabetes and thus new insights in these mechanisms are of clinical relevance. We proved that the KO successfully lowered the expression of calbindin by sequencing the genes and by performing a SDS-PAGE and a Western Blot. Then we measured the glucose stimulated insulin secretion with several ELISAs similar as Sooy et al. did. Second, we investigated the role of apoptosis in MIN6 cells given that apoptosis caused by a nutritional overstimulation of beta cells is claimed to be one reason for developing type 2 diabetes.[3] Therefore, we tested whether insulin induces calbindin expression in our cells and if a high sustained level of glucose leads to apoptosis.

However, our results were not as clear as expected. We managed to stimulate insulin secretion, but our results showed a broad spectrum with almost zero secretion in some cases due to unknown reasons. We could prove the calbindin KO successfully. However we couldn't confirm that insulin induces the calbindin expression. Results for the apoptosis hypothesis are yet to come given that some experiments are still in progress.

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Testing the RIST molecular targeted regimen in an in-vitro 3D cell culture model of neuroblastoma

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Neuroblastoma (NB) is the most common extracranial solid tumor in childhood. Despite intensive treatment regimens the outcome for patients with high-risk relapsed or treatment refractory NB remains poor and novel treatment strategies are urgently needed. A new multimodal treatment design based on metronomically combining molecular targeted biologicals (Rapaymcin and Dasatinb) with conventional cytostatics (Irinotecan and Temozolomid), called the RIST therapy, is currently evaluated in a phase II prospective randomized clinical trial (NCT01467986).

Often promising preclinical results show weak in vivo efficacy due to preclinical drug testing on conventional two-dimensional (2D) monolayer cell cultures. Aim of this study is to establish a threedimensional (3D) cell culture model suitable to further improve the RIST protocol in preclinical studies. Therefore we used three oncogene MycN-amplified (MNA) (SKNBE(2), Kelly, IMR32), two MycN-non amplified (MNN) (SKNAS, SKNSH) and one MycN-inducible (MNI) (Tet21N) NB cell lines. The 3D cell cultures were evaluated by determining the size, number, and viability of spheroids at various time points after seeding increasing cell numbers, applying distinct growth supplements and providing different types of ultra-low attachment plates. Furthermore, by RTqPCR the expression of various cancer stem cell marker was evaluated.

To assess the RIST protocol on spheroid formation, drug treatment was started directly after cell plating, while spheroid growth was assessed on completely formed spheroids. Our data demonstrates that the viability of all tested NB spheroids was significantly reduced applying the same half maximal inhibitory concentration (IC_{50}) as applied in 2D cell cultures. Interestingly, in contrast to the two MNN NB cell lines two out of three MNA NB cell lines sustained more viability under RIST therapy. The established 3D cell culture model for neuroblastoma is suitable for preclinical testing of novel drug analogs even in high-throughput 96-well formats to improve the efficacy of the RIST therapy on high-risk NB patients.

MUSCLE PHENOTYPES OF m6A RELATED RNA-BINDING PROTEINS

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PURPOSE/AIM

Methyl modification on adenosine of mRNA is regulated by the N6-methyladenosine (m6A) pathway. The m6A is a reversible mark that is "written" by the Mettl3/14 complex and can be removed by an "eraser" enzyme. In addition, m6A is recognized by "readers" such that the m6A modification regulates mRNA processing including folding, maturation and alternative splicing. The m6A pathway has been best characterized in neurons, but it is also present in muscle. A further understanding of the m6A pathway in muscle would add to our knowledge about the impact of m6A on myogenesis. My aim was to evaluate possible m6A associated RNA binding proteins (RBPs) and their phenotypes.

METHODS

Drosophila melanogaster was used as a model organism. Rox8, Rpb9 and Fne are RBPs expressed in muscle that may interact with the Mettl3/14 complex or independently regulate alternative splicing. YTHDC1 and YTHDF1 are readers that bind m6A modified RNAs to direct RNA processing. Different genetic crosses and rescues were set. Flies were sorted by intended genotype and tested in assays of lethality, wing position and flight and climbing ability to identify their phenotypes.

RESULTS

Rox8 mutants showed a weak phenotype, whereas the phenotype for *Rbp9* mutants was stronger. Different strategies for Rbp9 rescue were shown to be inefficient, producing similar assay results to *Rbp9* mutants. The *fne* mutant shows no phenotype by itself, but does have a phenotype when combined with *Rbp9* mutants. Low numbers of *fne; Rbp9* mutants that were able to be tested suggest lethality of the cross in earlier development stages. For the reader protein, *YTHDC1* mutants show a strong phenotype. *YTHDF1* mutants seem to be lethal at the pupal stage.

CONCLUSION

The different RBPs mutants showed a variety of viability and mobility phenotypes. *Rbp9* mutants showed the strongest phenotype of weak mobility out of the writer proteins, and were enhanced when combined with the *fne* mutant. There may be a difference between nuclear and cytoplasmatic readers of m6A, but this needs to be tested further and confirmed.

Indicators for the evaluation of German municipal prevention and health promotion projects for children and adolescents

Robert M, Jung-Sievers C, Coenen M, Voß S, Hummel J

Purpose

A Delphi is an iterative survey using anonymity and feedback to reach group consensus when evidence is lacking (1, 2). The attention given to the questionnaire's development is central for the survey's quality. However, how the items are chosen is often a "black box" in prevention and health promotion Delphi surveys (3). This is even more complex if the items are indicators, as indicators selection generally is a challenge (4).

This study presents the preparation of a Delphi survey on child health indicators. A final list of indicators was developed that contains the items that can be assessed by Delphi experts.

The Delphi survey aims to identify relevant indicators that can be used to monitor the health of children so as to evaluate the prevention chain Freiham and to guide the evaluation of similar municipal prevention and health promotion projects.

Methods

This study was based on a scoping review on health indices. Health indicators were extracted from the identified publications following the search and screening strategy of the review. A stepwise selection was conducted to reduce the indicators' number through internal consensus building.

A quality appraisal was conducted using following criteria:

i) are the indicators included in major indicators lists?

ii) are the indicators related to the outcomes of the project of the prevention chain Freiham?

Indicators were reviewed independently and discussed within the research team.

Results

720 health indicators were extracted from the review's publications and categorized into four main areas.

Taking into account the conducted quality appraisal and team discussions, 512 indicators and indices were excluded. The final list included 94 health indicators and indices.

Conclusion

The extraction and selection process could produce a comprehensive final list of 94 health indicators and indices including an appropriate amount to be assessed by experts in a Delphi survey.

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The role of Secretagogin, a calcium-binding protein, regarding insulin production and secretion

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Diabetes Mellitus (DM) is one of the leading causes of death worldwide with increasing incidence, especially in Western countries [1]. The pathological process behind the disease is malfunctioning of insulin production or secretion, which then leads to rising blood sugar level and can ultimately cause far-reaching health implications. However, there are several ways this process can be impaired, all of them leading to diabetes mellitus.

It is known that calcium plays an important role in insulin production as well as insulin secretion in pancreatic ß-cells [2]. Insulin is being released by an influx of calcium into the cell, thus leading to depolarisation and exocytosis of membrane vesicles [3]. Interestingly, Calcium-binding proteins (CBPs) have been found to play a role as calcium-sensors and therefore influence secretion of insulin [3]. In order to find novel therapeutic targets for customized Diabetes treatment, the underlying mechanisms of calcium-binding-proteins have to be understood and explored further.

One of these so-called calcium sensors is Secretagogin (SCGN). This CBP is part of a class of EF-hand proteins functioning in pancreatic ß-cells, which are depleted in DM and therefore making it an interesting target[4]. Therefore, knockout cell lines and a wild type cell line were used to investigate cell functioning in presence or in absence of SCGN. First and foremost, it had to be determined, whether the knockout to induce a SCGN null mutation was successful. Therefore, we used the method of Western Blotting. In addition, the genomic makeup was investigated by DNA characterization by genomic labs. Afterwards, functions of wild type and null mutant cell lines were compared. Specifically, this included testing all cells under conditions with different glucose concentrations to investigate how this changed their insulin secretion. One of the most important methods were enzyme-linked immunosorbent assays (ELISA), which made it possible to detect different insulin concentrations.

The results so far are inconclusive, making it a subject which definitely should be pursued in the near future.

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Characterization of the novel TSPO ligand GRT16085N-6 in human glioblastoma cells

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Purpose: The 18-kDa translocator protein (TSPO) is a protein of the outer mitochondrial membrane. Due to its location, it has been associated with key cellular functions such as proliferation (1)(2), apoptosis (3)(4), mitochondrial metabolism (5)(6) and oxidative stress (7). It has been shown that TSPO expression is elevated in a range of brain pathologies (8). This includes malignant cancers such as Glioblastoma (GBM) which is one of the most frequent and most aggressive primary brain tumors (9), making TSPO a possible therapeutic target. In this study, we aimed to characterize the effects of the novel TSPO ligand GRT16085N-6

(GRT16) in a human glioblastoma cell line (BTIC27).

Methods: Proliferation assays were performed to assess cell viability. Furthermore Western blot technique was used to investigate the role of TSPO on apoptosis. With the aid of the Seahorse Extracellular Flux Analyzer mitochondrial respiration and glycolysis was evaluated.

Results: At first, we evaluated the IC50 of the novel ligand and the established TSPO ligands XBD173 and Etifoxine in comparison to a DMSO control. Whereby, a cytotoxic effect of the ligand even at high concentrations could be excluded. We then assessed the effect of GRT16 on apoptosis, demonstrating that the ligand has no impact on cell death when applied alone. However, in combination with TNF-related apoptosis inducing ligand (TRAIL) an increase in apoptosis could be observed when compared to single GRT16 and TRAIL treatment. Analysis of mitochondrial respiration and glycolysis paralleled these findings, showing no significant changes by ligand treatment.

Conclusion: Our data imply that GRT16 does not affect cell viability by itself but might promote the effect of pro-apoptotic agents. Further investigations are needed to fully establish TSPO-mediated effects and the putative role of GRT16085N-6 in possible drug development for GBM.

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Psychological stress among students in health-related fields during the COVID-19 pandemic: results of a cross-sectional study at selected Munich universities

Schröpfer, Kristina

PURPOSE: The COVID-19 pandemic has been a challenging period of upheaval for college students. This study aims to assess the factors associated with psychological stress during the COVID-19 pandemic among a sample of students in health-related fields at Munich universities in Germany.

METHODS: Students (N = 623) from KSH Munich and LMU Munich completed an online crosssectional survey. Information on demographics, academic and everyday difficulties due to the COVID-19 pandemic as well as physical and mental health were collected. Multivariate logistic regression analyses were performed to identify factors associated with the psychological stress.

RESULTS: The prevalence for higher psychological stress was 44% among the study population. Identified factors were lower overall satisfaction in life (P<.0001), worsened health situation (P<.0001), lack of social support (P=.0301) and social interaction (P=.0115), worry about financial difficulties due to loss of income (P=.0134), the thought of a second wave (P<.0001), feeling unable to positively influence the situation (P=.0262) and study-related effects (perceived study burden (P=.0003) and likely delay in studies (P=.0178)).

CONCLUSION: The COVID-19 pandemic is making a significant negative impact on mental health of students in health sciences. Proactive efforts to support the mental health and well-being of students are needed.

Prevalence and risk factors of atrial fibrillation - Collective of the SERVE-HF Major Sub-study

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Purpose: Central sleep apnea (CSA) could trigger atrial fibrillation (AF) due to the associated intermittent hypoxia, recurrent arousals, intrathoracic pressure differences and sympathetic activation in patients with heart failure and reduced ejection fraction (HFrEF). The aim of the present work was to analyse the prevalence and risk factors of AF in patients with CSA and HFrEF.

Methods: In the SERVE-HF Major sub-study (NCT01164592) 312 patients were included. Polysomnography including a nocturnal electrocardiogram that met the appropriate technical requirements was available at baseline (n=272) and after 3 months (n=180). After exclusion of patients with pacemakers, 110 patients were analysed for AF.

Results: The prevalence of AF at baseline was 39% (43/110). Patients with AF were older (72 vs. 67 years, p=0.005), more often assigned to NYHA classes 3 and 4 (84 vs. 64%, p=0.026) and had a higher mean heart rate (75 vs. 67/min, p=0.006) and blood pressure (systolic 135 vs. 124mmHg, p=0.004; diastolic 79 vs. 74mmHg, p=0.025). In univariate regression analysis, established cardiac risk factors such as age, higher systolic (RRsys) and diastolic blood pressure, NYHA classes 3 and 4, and mean heart rate (HFm), were associated with AF. In contrast to apnea-hypopnea (odds ratio [OR]: 1.009; 95% confidence interval [95% CI]: 0.984-1.035; p=0.478) and hypopnea index (OR: 0.969; 95% CI: 0.936-1.003; p=0.077), apnea index (AI; OR: 1.024; 95% CI: 1.001-1.046; p=0.039) was identified as a risk factor. After adjustment for RRsys, HFm and AI, RRsys and HFm were associated with AF, but AI was not.

Conclusion: The prevalence of AF in patients with CSA and HFrEF is 39%. In addition to known cardiac risk factors, AI was associated with the occurrence of AF, in contrast to the hypopnea index. The results suggest that more severe forms of CSA are associated with AF.

Research support:

V.V. received grant support from the German Society of Sleep Medicine; C.F. reports receiving support from the German Heart Foundation/German Foundation of Heart Research; M.A. has received consulting fees from ResMed and grant support from ResMed Foundation

Establishment of Novel Postoperative Delirium (POD) Mouse Model

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Instructor Name: Prof. Shinya Toyokuni (豊國 伸哉 教授) Affiliation Course: Department of Pathology and Biological Responses (Pathology I)

Background and Purpose

Postoperative delirium (POD) is an acute neuropsychiatric syndrome which is considered to be a complication occurring frequently among surgical patients of all ages. The symptoms include acute, transient, fluctuating disturbances in attention, cognition, and/or level of consciousness. Our research group has tried to establish a suitable mouse model for POD research and found that impairment of both recognition memory and attention could be caused by abdominal surgery under isoflurane anesthesia (Iso/Ope) at 4 h after surgery in young mice. These behavioral dysfunctions were evaluated by the novel object recognition test and the water finding test, respectively. In the present study, we measured spatial working memory using the Y-maze test in the Iso/Ope-treated mice. In addition, we analyzed the changes in monoamine neurotransmission in the several brain regions.

Methods

Male ICR mice (10-12 weeks old) were randomly assigned into 3 groups of the control group (Intact), the isoflurane anesthesia alone group (Iso), or the Iso/Ope group (Fig. 1).

At 4 h after the anesthesia, the animal was allowed to freely explore in a Y-shaped maze. The number of arm entries and the number of triads were recorded in order to calculate the percentage of alternation. An entry occurred when all four limbs were within the arm. Each mouse was sacrificed by cervical decapitation under

CO₂ euthanasia just after the behavioral testing. Several brain regions were dissected for the measurement of monoamine and its metabolite contents by a high performance liquid chromatography equipped with an electrochemical detector (HPLC-ECD). Differences between the groups were evaluated by one-way ANOVA followed by two-tailed Tukey's test using a SPSS software. The differences were considered statistically significant for p-values of less than 5%.

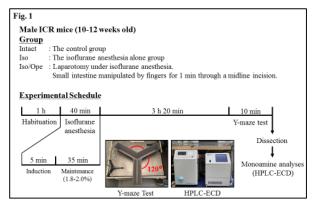
Results and Discussion

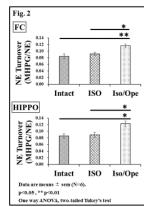
In the Y-maze test, no significant difference was observed between the groups, suggesting that spatial working memory was not impaired in Iso/Ope group. The norepinephrine (NE) turnover, which was assessed by measuring the ratio of 3-methoxy-4-hydroxyphenylglycol (MHPG) to NE levels, in both frontal cortex (FC) and hippocampus (HIPPO) of Iso/Ope group was significantly increased as compared with Intact and Iso groups (Fig. 2). On the other hand, there were no significant differences in both dopamine and serotonin turnover in the same regions. These results suggest that behavioral changes in Iso/Ope group that we found in our previous experiments could be caused by abnormal NE neurotransmission in the FC and HIPPO

regions of the brain. In conclusion, mice in Iso/Ope group at 4 h could be a novel POD model with impairment of recognition memory and attention, not spatial working memory, and with abnormal NE neurotransmission.

Acknowledgements

The author thanks Prof. Kimitoshi Nishiwaki and Dr. Atsushi Mori at Department of Anesthesiology for their great support to complete this research.





Acknowledgements

"Science not silence" was the motto our students chose for this year's conference. And I am happy to say that it is indeed very fitting: despite everything, that was going on around you, you couldn't be stopped. You still managed to work on your projects and to come here today to be heard.

I am deeply grateful to Anne Eberhard and Ayse Gertrude Yenicelik, who invested lots of their time and energy to encourage our students to be here today as presenters and jury members – your enthusiasm and perseverance is inspiring.

With all my heart I want to thank Prof. Michael Meyer, the Associate Dean, for believing in our students and for keeping the Undergraduate research opportunity (Forschungsmodul) and the MMS ScienceCon alive.

I want to thank the Dean of Research, Prof. Stefan Endres for supporting the conference format for five years now.

Furthermore, I am deeply grateful to Prof. Peter Falkai for agreeing to be our keynote speaker on such short notice. It is a great privilege to have you here.

I also want to thank all the members of the Jury: Prof. Hyunmi Park from Korea University, Prof. Anja Horn-Bochtler and Prof. Michael Meyer. It makes me especially happy to welcome and thank all the members of the student Jury: Mr. Michele Rosso, Ms. Daria Reitmeier, Mr. Kyryl Kharytonchuk, Ms. Lea Merkel, Mr. Tobias Stückler, Ms. Paula Schorlemer, Ms. Luisa Delius and Ms. Elena Nikolova.

In addition, I want to thank the faculty to provide us with enough funding for the student research projects to continue this year. My sincere hope is that the format can continue in the years to come.

At last, I want to say thank you to all the students who chose to present their projects this year. I am thrilled to see the MMS ScienceCon growing and to welcome students from all over Bavaria and even from Korea and Japan.

Stay curious.

Yours sincerely,

dianna Canady

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